START SAVING LIVES TODAY!

SOCIAL DISTANCING

Protect yourself, your family and your community!

- **AVOID TOUCH WITH THE GENERAL PUBLIC**
  That means no hugs, handshakes or high-fives! It's also a good idea to use payment methods that avoid pin-pods or touch screens.

- **KEEP YOUR DISTANCE**
  Stay at least 6 feet away from others when you're out in public, especially if someone seems sick, or is coughing and sneezing!

- **TELECOMMUTE**
  Changing your normal routine in order to work from home might be a transition, but keeping yourself and your loved ones healthy is worth it!

- **CONSIDER RESCHEDULING PARTIES AND PLAYDATES**
  A child's birthday party may be hard to say no to, but consider how many people will attend and the potential for a virus to spread.

- **POSTPONE OR CANCEL SOCIAL GATHERINGS**
  Bars, restaurants and movie theaters are all places where people congregate in high numbers and sit close together. Ask yourself if the benefits outweigh the potential risk.

- **SUPPORT REMOTE LEARNING**
  Although it can be tough on parents, keeping our kids at home can dramatically reduce the spread of disease to our most vulnerable residents, such as grandparents and other older family members!