

START SAVING LIVES TODAY!

SOCIAL DISTANCING

Protect yourself, your family and your community!



KEEP YOUR DISTANCE

Stay at least 6 feet away from others when you're out in public, especially if someone seems sick, or is coughing and sneezing!

AVOID TOUCH WITH THE GENERAL PUBLIC

That means no hugs, handshakes or high-fives! It's also a good idea to use payment methods that avoid pin-pads or touch screens.



CONSIDER RESCHEDULING PARTIES AND PLAYDATES

A child's birthday party may be hard to say no to, but consider how many people will attend and the potential for a virus to spread.

TELECOMMUTE

Changing your normal routine in order to work from home might be a transition, but keeping yourself and your loved ones healthy is worth it!



SUPPORT REMOTE LEARNING

Although it can be tough on parents, keeping our kids at home can dramatically reduce the spread of disease to our most vulnerable residents, such as grandparents and other older family members!

POSTPONE OR CANCEL SOCIAL GATHERINGS

Bars, restaurants and movie theaters are all places where people congregate in high numbers and sit close together. Ask yourself if the benefits outweigh the potential risk.

